

WABDL California State Bench Press and Deadlift Championships  
Holiday Inn, Chico, California March 5, 2016

Ninety five lifters attended this event slightly up from last year.

In the Deadlift, World Records were set by Matthew Collins in Junior 198 in Double Ply with 479.5. In Junior women/ Super Jacquelyn Richardson pulled 363.7 in Double. In Law/Fire 56-63 in 259 and 275 respectively Manny Burruel and Michael Johnson pulled 540 and 462.47 respectively in Double Ply for World Records. In 54-60/220 Michael Collins, in Double Ply, pulled a World Record 457.2. Peach Presley in 54-60/148 and open weighing only 145.4 at age 57, pulled a World Record 314 in Double Ply. In 90+ Evelyn Kilgore, the oldest woman to ever lift in WABDL pulled an 81.1 World Record raw.

Other notable lifts in the deadlift included Devon Woodall with 710.7 in Single at Junior/Super. He tried 749.5 and was fairly close. At Junior 123 Hannah Barnhill pulled a California record 282.1. At Junior 132 English Rollins pulled a 330.52 for a California Record. At 61-67/242 Peter Murphy set a California record 501.5. At 68-74/198 Dan Waters pulled a State Record 429.7. All of those lifts were Single Ply. At 75-79 Dr. Robert Urrea pulled a California Record 336 Weighing 216. At 54-60/220 Kathy Sells set a California Record 293.1 in Single Ply and in 61-67/220 Sue Vaterlaus set a California Record 253.5 one of numerous State Records that Sue has set in the Bench and Deadlift. In 16-17/308 Carlos Barraza of Nevada set a State Record of 556.5 – very good lifting for a 16 year old.

In the Bench Press World Records were set by Joseph Cavness with a raw 176.2 at 160.8 at age 87! Sue Vaterlaus set a Single Ply World Record at 61-67/220 with 214.7. Flo Robinson and lifting partner Kaye Donnelly set California Records. Flo at 68-74/132 did 106.7 and Kaye at 68-74/148 slammed 126.7. Cristina Munoz in 16-17/148 set a World Record 181.7 in Double Ply. Other notable records in the bench were Michael Collins 374.7 at 54-60/220 a California Record in Double Ply. In 75-79/181 Larry Joiner set a California Record 187.2 in Double Ply. At 54-60/148 Peach Presley set a California Record in Double Ply with 232.3.

Best Lifters of the day in the Deadlift were English Rollins in Class 1 Lightweight and Junior Women, Erica Crain in Class 1 Women Heavyweight, Robert Exum in Master 40-60 with 611.7 at 236.2, Dan Waters in Master 61+, Peach Presley in Master Women and Olympia Soto in Open Women.

Best Lifters for Bench Press in Law/Fire was Gary McFarland, Master Men 54-60 was Bob Levering with 424.2 at 181. Joseph Cavness at 61+, Peach Presley Master Women 40-60, Kaye Donnelly Women 61+ Frank Ford Submaster/Open and Geoffrey Chavez Teenage Men.

In Push Pull World Records were set by Michael Collins with 815.4 at 54-60/220 Double Ply, Olympia Soto 578.4 40-46/181 Single Ply, Janine Jadallah 539.7 in 47.53/148 and she was Best Lifter for Master Women, Peach Presley 541.9 at 54-60/148 and Open Double Ply, Sue Vaterlaus with 448.4 in Master Women 61-67/220, Ed Rust with 512.2 in Law/Fire 64+, Dee Vajgrt with 591.7 in Open 148, Zakary Mahannah 16-17/242 with 749.5, Carlos Barraza 16-17/308 with 832, All of the above Records were Single Ply unless noted.

Manny Burruels Team from Willows, California won the Team Title with a perfect score of 260. Many of his 12-13 and 14-15 year old lifters put in some show stopping performances. Manny was put into the WABDL Hall of Fame last November 20 at the WABDL Worlds. George Phipps from Reno Nevada brought a group of young lifters Teenage and Junior as did Russ Lewis from Modesto, California.

The Sponsors were: Brian & Denise Welker of Welker Engineering, Dan and Suzie Simmons of Usana Health Products, Pete Alaniz of Titan Support Systems, Ken Anderson of Anderson Powerlifting, Shawn Madere of GLC Joint Products, Keith Lemm of CSS Photo Design, Reid Solar, Coby Washburn, David R. Smith, Matt Ogurek, Chet Groskreutz of Ivanko Barbell and Keith Sayles.