

WABDL Nevada State Bench Press and Deadlift Championships

Feb 27, 2016 Nugget Hotel Pahrump, Nevada

Gary Miller was the meet promoter and he has the best trophies –Alien Sculptures and Crystal

Outstanding lifters in the Bench Press were Krystal Miller in Open Women with a 265.6 at 148#. In Class 1 Kegan Houx from Oregon benched 501.5 at 198 for an Oregon Record. He also passed his drug test. In Master 40-46 Lonnie Wilborn benched 424.2 at 220. In Master 47-67 age group Fulton White benched 347 at 162.8 at age 58 and in 68+ Bill Prince set a Nevada Record 303 at age 77 weighing 208#. Bill was riding his Harley from Pahrump to Salt Lake City (530 miles) to lift in the Salt Lake Meet up until age 75.

Outstanding lifter in the Deadlift in Master Women was Carolyn Vanzlow-Edgar with a 170.7 World Record at 141.8# in age group 61-67. In Open Women Natalie Spore-Otwell was very impressive with 352.5 at 131#. In Master 40-46 Men Chris Johnson pulled 633.7 at 272.6. In Master 47-67 Fulton White pulled 551 at 162.8. Fulton has set numerous World Records and has won multiple Best Lifter awards. In Master 68+ William Leedy pulled 358 for a World Record at age 87 – Unbelievable!

World Records were set in the Deadlift by Stan Miyahira in Disabled 60+ at age 83 at 169# with an impressive 308.5. David Franke in Double Ply in 47-53/198 pulled 429.7.

World Records in the Bench Press were set by Andy Agan at age 77 benched 126.7 in Disabled 2 60+ at 163#. Ed Acey benched 319.5 in Law/Fire 68+ at 259. Ed has set multiple World Records and has won multiple World Championships. In Teen Men 14-15/132# Seth Franke benched a World Record 165.2 at 128# in Double Ply.

Moving onto Push Pull results Lonnie Wilborn set a World Record 931.2 in Master 40-46/220. Gary Nye Schwebs hit 407.4 in Master 68-74/132. Gary is related to the 1st Governor of Nevada and the Nye part of his name is the famous radio talk show called 'Coast to Coast with Art Bell' from Pahrump in Nye County. They talk about the supernatural, aliens, Area 51, etc... Nye County is also famous for Gold mining in the early 1900's and a few boxing matches that were World Title fights. Tonopah, Nevada is where Jack Dempsey trained because of its 7000ft. altitude.

Continuing Push Pull, William Leedy of California in addition to his World Record Deadlift of 358 set a World Record Push Pull of 534.2 in 85-89/198. Arletha Philip of Arizona set a World Record of 600.4 in her 1st meet at 40-46/Super. Gloria Caughey of Utah set a World Record in the 54-60/Super Division with 374.4. Melissa Wagner of New York popped a World Record 550.9 in Submaster Super.

Forty lifters participated in this one day event from Utah, Nevada, Washington, Oregon, California, New York and Illinois participated at this event. This event was Gary Millers 8th Annual.

Judges were Al Franke, Gus Rethwisch, Reid Solar, and Bonnie Aerts. The Sponsors were: Brian & Denise Welker of Welker Engineering, Dan and Suzie Simmons of Usana Health Products, Pete Alaniz of Titan Support Systems, Ken Anderson of Anderson Powerlifting, Shawn Madere of GLC Joint Products, Keith Lemm of CSS Photo Design, Reid Solar, Coby Washburn, David R. Smith, Matt Ogurek, Chet Groskreutz of Ivanko Barbell and Keith Sayles.