

WABDL Big Sky Montana Classic Bench Press and Deadlift Championship
Missoula, Montana Rubys Inn 3-19-16

Sixty Six lifters participated in this event. It started at 9:00am and was done and 3:00pm

World Records were set in the Deadlift by Bronson Giernet from Minnesota with a huge 760 in Junior 259 Single Ply and he passed his drug test. He locked out 788 but it was turned down. Skip Schacher pulled a World Record in 75-79/165 in Double Ply with 253.5. Braxton Mikesell the son of Brent Mikesell set a World Record 429.7 in 12-13/181. His father Brent, the legendary squatter (1147) pulled a Washington State Record 727.5 in 47-53/275.

Other deadlifts of note were Jason Sacre 633.7 at Class 1 275 and 678.8 half way up his thighs. Jason is from Utah. Allen Heisler set a Montana Record 600.7 in 40-46/259. Rock Henderson pulled a Montana Record 501.5 in Open 308 and Master 40-46/308. Sheldon Brown of North Dakota set a State Record 501.5 in Junior 242. In Junior Women 148, Sarah Yovetich set a Montana Record 308.5. In 16-17/242 Jack Menedez set a Montana Record 468.2. In Womens Open/Super Biz French set a Montana Record 380.2.

In the Bench Press World Records were set by Skip Schacher in Double Ply with 192.7 in 75-79/165 and Blake Gilliam in Single Ply with 181.7 at Teen 14-15/114.

Other lifts of note were Randy Daugherty of Idaho with a State Record 347 in 54-60/220#, Don Goldsworthy in Open and Submaster 220 with a 573 Washington Record and he passed his drug test. Terry Baldwin in 54-60/220 got a huge 584 at age 57. In Submaster 181 Brian Hughes set a Montana Record 501.5 in Double Ply. In Class 1 220 Dave Gronenthal set an Idaho Record 523.5. In Junior 242 Sheldon Brown set a North Dakota Record 418.7. In 40-46/259 Allen Heisler set a Montana Record with 451.7 and Abigail Crahen set a Washington Record 160.8 in 16-17/148.

In Push Pull World Records were set by Ryan Magee with 446.2 in 12-13/132 in Single Ply. Biz French totaled 539.9 in Open/Super for a World Record in Single Ply and Robin Davis was fantastic in Submaster/123 with a 462.7 World Record. In 14-15/97# Alyssa Gilmore of Idaho set a World Record 225.7 and Skip Schacher put together 418.4 at 75-79/165 in Double Ply.

The Judges were Reid Solar, Gus Rethwisch, Jim Noblit and Diana Sutton. The M.C. was James Greene and the scorekeeper was Linette Greene. Terry Baldwin of Baldwins Fitness provided equipment and spotter loaders, and also helped Judge. James Greene also provided equipment and we had a tribute to his mom, Virginia Cornelius, who had died a few weeks before the meet.

The Sponsors were: Brian & Denise Welker of Welker Engineering, Dan and Suzie Simmons of Usana Health Products, Pete Alaniz of Titan Support Systems, Ken Anderson of Anderson Powerlifting, Shawn Madere of GLC Joint Products, Keith Lemm of CSS Photo Design, Reid Solar, Coby Washburn, David R. Smith, Matt Ogurek, Chet Groskreutz of Ivanko Barbell and Keith Sayles.