

RECORDS ONLY FROM LAKELAND, FL

| Meet Type | Sex | Division | Weight Class | Weight Lifted | Record Type | Name | State | Ply | Date | Location |
|-------------------------|-------|--------------------|--------------|---------------|-------------|-----------------|-------|------------|----------------|--------------|
| Single-lift Dead Lift | Women | Teen Women 12-13 | 114 | 231.2 | FL | Rhyan Parrish | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Women | Teen Women 14-15 | 105 | 143.2 | FL | Kylee Ratliff | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Women | Master Women 40-46 | 123 | 281.0 | WR | Rianna Medlin | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Women | Master Women 40-46 | 123 | 281 | NR | Rianna Medlin | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Women | Master Women 40-46 | 123 | 281.0 | FL | Rianna Medlin | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Men | Teen Men 16-17 | 165 | 446.2 | FL | Andy Ascenio | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Men | Master Men 47-53 | 165 | 358.0 | FL | Chris Crifasi | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Men | Master Men 54-60 | 220 | 330.5 | FL | Robert Gottlieb | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Men | Master Men 61-67 | 259 | 363.7 | GA | Gregg Ramsdell | GA | Single-ply | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Men | Master Men 85-89 | 148 | 187.2 | FL | Gerald Foster | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Men | Master Men 85-89 | 148 | 187.2 | WR | Gerald Foster | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Men | Master Men 85-89 | 148 | 187.2 | NR | Gerald Foster | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Men | Open Men | 198 | 501.5 | FL | John Hurst | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Dead Lift | Men | Class 1 Men | 198 | 501.5 | FL | John Hurst | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Teen Women 12-13 | 114 | 116.6 | FL | Rhyan Parrish | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Teen Women 12-13 | 114 | 116.6 | WR | Rhyan Parrish | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Teen Women 12-13 | 114 | 116.6 | NR | Rhyan Parrish | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Teen Women 14-15 | 105 | 66.0 | WR | Kylee Ratliff | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Teen Women 14-15 | 105 | 66 | NR | Kylee Ratliff | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Teen Women 14-15 | 105 | 66.0 | FL | Kylee Ratliff | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Teen Women 16-17 | 123 | 110.0 | FL | Yazmine Lopez | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Teen Women 18-19 | 165 | 137.7 | FL | Jenna Mansfield | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Master Women 40-46 | 123 | 148.7 | WR | Rianna Medlin | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Master Women 40-46 | 123 | 148.7 | NR | Rianna Medlin | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Women | Master Women 40-46 | 123 | 148.7 | FL | Rianna Medlin | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Men | Teen Men 16-17 | 165 | 264.5 | FL | Andy Ascenio | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Men | Master Men 40-46 | 275 | 413.2 | FL | Leon White | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Men | Master Men 61-67 | 242 | 336.0 | FL | George Anthony | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Men | Master Men 61-67 | 259 | 363.7 | GA | Gregg Ramsdell | GA | Single-ply | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Men | Master Men 85-89 | 148 | 110.0 | WR | Gerald Foster | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Men | Master Men 85-89 | 148 | 110 | NR | Gerald Foster | FL | Raw | August 8, 2020 | Lakeland, FL |
| Single-lift Bench Press | Men | Master Men 85-89 | 148 | 110.0 | FL | Gerald Foster | FL | Raw | August 8, 2020 | Lakeland, FL |

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|-----------|-------|--------------------|-------|-------|----|--------------------|----|------------|----------------|--------------|
| Push Pull | Women | Teen Women 12-13 | 114 | 347.0 | FL | Rhyan Parrish | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 14-15 | 105 | 209.2 | FL | Kylee Ratliff | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 14-15 | 105 | 209.2 | WR | Kylee Ratliff | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 14-15 | 105 | 209.2 | NR | Kylee Ratliff | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 16-17 | 148 | 462.7 | FL | Alisa Mendes | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 16-17 | 148 | 462.7 | WR | Alisa Mendes | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 16-17 | 148 | 462.7 | NR | Alisa Mendes | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 16-17 | Super | 446.2 | WR | Kenisha Branch | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 16-17 | Super | 446.2 | NR | Kenisha Branch | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 16-17 | Super | 446.2 | FL | Kenisha Branch | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 18-19 | 165 | 380.2 | FL | Jenna Mansfield | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 18-19 | 165 | 380.2 | WR | Jenna Mansfield | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Teen Women 18-19 | 165 | 380.2 | NR | Jenna Mansfield | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Master Women 40-46 | 123 | 429.7 | FL | Rianna Medlin | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Women | Master Women 40-46 | 123 | 429.7 | WR | Rianna Medlin | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Men | Junior Men 20-25 | 220 | 744.0 | FL | Alexander Domingue | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Men | Master Men 40-46 | 259 | 953.2 | FL | Jeremy Bennett | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Men | Master Men 54-60 | 220 | 536.4 | FL | Robert Gottlieb | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Men | Master Men 61-67 | 259 | 727.4 | GA | Gregg Ramsdell | GA | Single-ply | August 8, 2020 | Lakeland, FL |
| Push Pull | Men | Class 1 Men | 259 | 727.4 | GA | Gregg Ramsdell | GA | Single-ply | August 8, 2020 | Lakeland, FL |
| Push Pull | Men | Master Men 85-89 | 148 | 297.2 | FL | Gerald Foster | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Men | Master Men 85-89 | 148 | 297.2 | WR | Gerald Foster | FL | Raw | August 8, 2020 | Lakeland, FL |
| Push Pull | Men | Master Men 85-89 | 148 | 297.2 | NR | Gerald Foster | FL | Raw | August 8, 2020 | Lakeland, FL |