

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 12-13
IN THE 221+# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Lexi Harris	Texas	12-13	413.2
2	DyAnn Brown	Montana	12-13	303.0 Raw
3	Freyja Mersberg	Hawaii	12-13	243.5 Raw
4	Isess Kaleohano	Hawaii	12-13	242.5 Raw
5	Mariah McFarland	Texas	12-13	214.7 Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 14-15
IN THE 221+# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Lexi Harris	Texas	14-15	463.8
2	Kayla Taueli	Washington	14-15	462.7
3	Katie Sons	Texas	14-15	347.0
4	Brittany Beckman	Oregon	14-15	297.5
5	Ashton Ashberry	Texas	14-15	203.7
6	Hannah Steen	California	14-15	198.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 221+# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Lexi Harris	Texas	16-17	512.5
2	Tyara Straka	Washington	16-17	501.5 Raw
2	Kayla Taueli	Washington	16-17	501.5
4	Cheyenne Kennedy	Texas	16-17	402.2
5	Sasha Martinez	Texas	16-17	391.2
6	Crystal Hernandez	Texas	16-17	369.2
7	Anna Phinny	Washington	16-17	363.7 Raw
8	Daisy Tellez	Texas	16-17	352.5
9	Bobby Denard	Texas	16-17	330.5
10	Alisha McGlothlin	Washington	16-17	314.0
10	Lexi Heizer	Texas	16-17	314.0
12	DyAnn Brown	Montana	16-17	303.0 Raw
13	Meghan Toomey	California	16-17	292.0
14	Rebekah Garcia	Texas	16-17	281.0
14	Morgan Rosales	Texas	16-17	281.0

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 18-19
 IN THE 221+# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Amy Moses	Texas	18-19	435.2
2	Rebecca Jordan	Alabama	18-19	415.4
3	Regina Elizondo	Texas	18-19	413.2
4	Sasha Martinez	Texas	18-19	402.2
5	Savannah Helton	Oregon	18-19	380.2
6	Priscilla Ortiz	Texas	18-19	358.0
7	Alexa Rojas	Texas	18-19	352.5
8	Leticia Perez	Texas	18-19	347.0
9	Kassandra Arce	Texas	18-19	341.5
10	Brooklyn Hall	Hawaii	18-19	337.1 Raw
11	Crystal Hernandez	Texas	18-19	336.0 Raw
12	Alisha McGlothlin	Washington	18-19	325.0
13	Lexi Heizer	Texas	18-19	319.5
14	Rachael Richey	Texas	18-19	308.5
15	Rebecca Lawrence	Florida	18-19	300.0
16	Julianna Sulzer	Ohio	18-19	286.5 Raw
17	Tashika Sandoval	Texas	18-19	275.5
18	Samantha Moran	Texas	18-19	253.5
19	Tracy Perry	Nevada	18-19	242.5

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 12-13
 IN THE 220# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
NONE			

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 14-15
 IN THE 220# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
1 Tyara Straka	Washington	14-15	435.2 Raw
2 Jessica Hurley	Hawaii	14-15	374.7
3 Hoku Nohara	Hawaii	14-15	358.0
4 Sophie Larson	Wisconsin	14-15	330.5 Raw
5 Hannah Hill	Texas	14-15	236.7
6 Jessica Allred	Arkansas	14-15	225.7 Raw
7 Krista Williams	Georgia	14-15	225.0
8 Alonna Smith	Arkansas	14-15	220.2 Raw
9 Alyxa Conlee	Washington	14-15	159.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 220# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
1 Kayla Sua	Washington	16-17	380.2
2 Hoku Nohara	Hawaii	16-17	363.7
3 Esmer Trevina	Texas	16-17	352.5
4 Sophie Larson	Wisconsin	16-17	341.5 Raw
5 Hannah Biddle	Indiana	16-17	325.0
6 Abbi Kreger	Wisconsin	16-17	319.0
7 Courtney Spear	Texas	16-17	314.0 Raw
8 Maudi Roscoe	Washington	16-17	304.1 Raw
9 Brooklyn Hall	Hawaii	16-17	303.0 Raw
10 Peyton Holm	Texas	16-17	286.5 Raw
10 Alisha McGlothlin	Washington	16-17	286.5
12 Krista Williams	Georgia	16-17	275.5
12 Sarah Sylvester	Washington	16-17	275.5
14 Megan Toomey	California	16-17	270.0
15 Karlee Warren	California	16-17	253.5 Raw
16 Amanda Weeks-Combs	Montana	16-17	236.7
17 Raissa Annanda Godoy	Brazil	16-17	220.2
18 Savannah Kuneth	Arkansas	16-17	203.7 Raw
19 Carrie Heldt	Nevada	16-17	203.7
20 Alyxa Conlee	Washington	16-17	170.8

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 18-19
IN THE 220# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Gerika Kaaua-Acorda	Hawaii	18-19	402.2
2	Mara Parks	Montana	18-19	391.2 Raw
3	Lynelle Brode	Washington	18-19	352.5
4	Kaylie Perez	Texas	18-19	380.2
5	Rebecca Lawrence	Florida	18-19	315.0 Raw
6	Tessa Thomas	Oklahoma	18-19	303.0 Raw
7	Lauren Vaterlaus	California	18-19	260.1
8	Jessica Lowrance	Oregon	18-19	214.7
9	Holley Matlock	California	18-19	203.7
10	Rachel Homme	Washington	18-19	181.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 12-13
IN THE 198# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Tyara Straka	Washington	12-13	374.7 Raw
2	Hannah Hill	Texas	12-13	236.7
3	Aleese Knight	Florida	12-13	200.0 Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 14-15
IN THE 198# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Hoku Nohara	Hawaii	14-15	407.7
2	Tyara Straka	Washington	14-15	385.7 Raw
2	Kayla Sua	Washington	14-15	385.7
4	Jacqueline Wickens	Nevada	14-15	364.8
5	Lili Martinez	Texas	14-15	330.0
6	Karol Ann Carpenter	Washington	14-15	297.5
7	Cydney Gonzalez	Texas	14-15	203.7
8	Hillary Shields	Louisiana	14-15	198.2
9	Alyxa Conlee	Washington	14-15	154.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 198# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT	
1	Jessica Hurley	Hawaii	16-17	425.3
2	Kayla Sua	Washington	16-17	409.9
3	Jacqueline Wickens	Nevada	16-17	396.7
4	Mia Bella Rios	California	16-17	347.0 Raw
4	Itzayanni Martinez	Texas	16-17	347.0
4	Jessica Luna	Texas	16-17	347.0
7	Itzayanni Martinez	Texas	16-17	330.5 Raw
8	Amber Blankemeyer	Texas	16-17	325.0
9	Abigail Biddle	Indiana	16-17	314.0
10	Anna Rodriguez	Texas	16-17	303.0
11	Claudia Gomez	Texas	16-17	292.0
11	Bianca Ramirez	Texas	16-17	292.0
13	Hannah Biddle	Indiana	16-17	275.5
14	Samantha Hernandez	Texas	16-17	242.5
15	Madeline Drury	Michigan	16-17	236.7
16	McKenzie Dawson	Arizona	16-17	231.2 Raw
17	Daeja Barnes	Illinois	16-17	225.7 Raw
18	Lauren Vaterlaas	California	16-17	214.7
19	Heaven McLaughlin	Arkansas	16-17	198.2 Raw
20	Anastasia Riddle	Washington	16-17	132.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 18-19
 IN THE 198# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT	
1	Jacqueline Wickens	Nevada	18-19	413.2
2	Anna Knapski	Ohio	18-19	369.2
3	Alexandria Calvo	Texas	18-19	358.0
4	Kelly Womack	California	18-19	352.5
5	Kristen Shockman	Oregon	18-19	336.0
6	Brooklyn Hall	Hawaii	18-19	308.5 Raw
7	Brianna Connelly	Washington	18-19	303.0
8	Tashika Sandoval	Texas	18-19	292.0
9	Gina Strait	Louisiana	18-19	281.0
9	Stephanie Patterson	Oregon	18-19	281.0
11	Hannah Biddle	Indiana	18-19	270.0
12	Lynelle Brode	Washington	18-19	264.5
13	Bridgett Brown	Georgia	18-19	242.5
14	Antonio Maurer	Oregon	18-19	231.2
15	Emily Matlock	California	18-19	209.2
16	Margot O'Halloran	California	18-19	203.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 12-13
 IN THE 181# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Jacqueline Wickens	Nevada	12-13	308.5
2	Victoria Coscia	Florida	12-13	200.0
3	Jamela Ah Quin	Hawaii	12-13	192.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 14-15
 IN THE 181# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Jacqueline Wickens	Nevada	14-15	352.5
2	Nicole Cartwright	California	14-15	330.5
3	Anna Rodriguez	Texas	14-15	314.0
4	Tiana Blackmore	Hawaii	14-15	305.0
5	Jessica Mayberry	Texas	14-15	292.0
6	Kimberlynn Patzold	Texas	14-15	286.5
6	Bonnie Buckwood	Washington	14-15	286.5
8	Cari Kirkland	Florida	14-15	275.0
9	Brooklyn Brisko	Montana	14-15	264.5 Raw
10	Kristina Cavazos	Texas	14-15	259.0
11	Morgan Eveland	Oregon	14-15	248.0
11	Cydney Gonzalez	Texas	14-15	248.0
13	Piper Maddox	Alabama	14-15	234.5 Raw
13	Emily Douglas	Oregon	14-15	232.3 Raw
15	Kamalio Kaleleiki	Hawaii	14-15	231.2 Raw
16	Aidan Eagle	Washington	14-15	220.2
17	Alyssa Cervantes	California	14-15	203.7
17	Karina Gomez	California	14-15	203.7
19	Jamela Ah Quin	Hawaii	14-15	187.2
20	Margot O'Halloran	California	14-15	165.2
20	Erica Humphries	Washington	14-15	165.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 181# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Ashley Vasquez	Texas	16-17	380.2
2	Shayla Hancock	Arizona	16-17	325.0
3	Sarah Biddle	Indiana	16-17	316.2
4	Lauren Needles	California	16-17	314.0 Raw
4	Denis Martinez	Texas	16-17	314.0
6	Jennifer Otto	Washington	16-17	308.5
7	Emily Jondron	Texas	16-17	303.0
8	Liz Minor	Washington	16-17	297.5
9	Jazzmin White	Hawaii	16-17	292.0 Raw
10	Rosivane Moraes	Brazil	16-17	286.5
10	Deanna Pinkston	Texas	16-17	286.5
12	Anna Cade	Washington	16-17	281.0
13	Talia Gallus	Montana	16-17	275.5 Raw
14	Candie Camarillo	Texas	16-17	270.0
14	Sandy Reyna	Texas	16-17	270.0
16	Kaitlyn Elder	Wisconsin	16-17	259.0 Raw
16	Brianna Marie Judd	Arizona	16-17	259.0
18	Kamalio Kaleleiki	Hawaii	16-17	253.5 Raw
19	Alaysha Whitehead	Utah	16-17	231.2 Raw
20	Kirsten Shockman	Oregon	16-17	225.7
21	Alyssa Cervantes	California	16-17	220.2
22	Chandle Dimick	Oklahoma	16-17	214.7 Raw
22	Grace Corpuz	Hawaii	16-17	214.7 Raw
24	McKenzie Dawson	Arkansas	16-17	181.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 18-19
 IN THE 181# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Courtney Gathright	Texas	18-19	402.2
2	Lauren Lugdon	Maine	18-19	380.2
3	Ashley Vasquez	Texas	18-19	336.0
4	Kelly Womack	California	18-19	330.5
4	Shayla Hancock	Arizona	18-19	330.5
6	Deb Anderson	Minnesota	18-19	319.5
7	Carys Cook	Nevada	18-19	314.0
7	Abigail Biddle	Indiana	18-19	314.0
7	Kirsten Shockman	Oregon	18-19	314.0
10	Brianna Smith	Texas	18-19	308.5
11	Addie Langlois	Louisiana	18-19	303.0
12	Jazzmin White	Hawaii	18-19	297.5 Raw
13	Stephanie Patterson	Oregon	18-19	275.5
14	Mandy Proctor	Georgia	18-19	270.0
15	Hanna Biddle	Indiana	18-19	264.5
15	Linda Bosas	Finland	18-19	264.5
17	Julie Polk	Washington	18-19	253.5
18	Sharon Manarpaac	Hawaii	18-19	253.5
19	Jillian Bruno	California	18-19	242.5
20	Alaysha Whitehead	Utah	18-19	215.0 Raw
21	Rosie Yanikyan	Canada	18-19	214.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 12-13
 IN THE 165# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Mataya Straka	Washington	12-13	319.5 Raw
2	Rhonalynn Domingo	Hawaii	12-13	264.5 Raw
3	Emma Eldridge	Oregon	12-13	259.0
4	Aroha Heta	New Zealand	12-13	242.5
5	Chloe Bezik	Wisconsin	12-13	214.7 Raw
5	Karola Bond	Oregon	12-13	214.7
7	Alexandria Dodds	Florida	12-13	205.0
8	Daeja Barnes	Illinois	12-13	192.7
9	Daeja Barnes	Illinois	12-13	154.2 Raw
10	Tabatha Colchado	Texas	12-13	126.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 14-15
 IN THE 165# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Nicole Cartwright	California	14-15	352.5
2	Mataya Straka	Washington	14-15	347.0 Raw
3	Emily Daniel	Texas	14-15	304.1
4	Sonja Grant	Washington	14-15	303.0
4	Kimberlynn Patzold	Texas	14-15	303.0
6	Nikki Williams	Georgia	14-15	289.5
7	Sarah Biddle	Indiana	14-15	275.5
7	Maddie Burke	Texas	14-15	275.5
7	Emily Jondron	Texas	14-15	275.5
10	Mckaelyn Hutchinson	Montana	14-15	270.0 Raw
11	Cari Kirkland	Florida	14-15	265.0
12	Betty Lou Kalani	Hawaii	14-15	264.5
13	Tate Sullivan	Texas	14-15	259.0
13	Olivia Houseman	Washington	14-15	259.0
15	Camille Borden	Alabama	14-15	253.5
16	Marley Chambers	Idaho	14-15	250.2
17	Rasha Hussein-Trujillo	Colorado	14-15	245.8
18	Avery Kitzmiller	Wisconsin	14-15	242.5 Raw
18	Macey Cloberdan	Texas	14-15	242.5
20	Brindyl McKissen	Utah	14-15	236.7 Raw
21	Tracy LaCourse	Washington	14-15	230.0
22	Daeja Barnes	Illinois	14-15	221.3 Raw
23	Kaitlin Boyle	Washington	14-15	220.2
24	Veronica Whelan	Minnesota	14-15	209.2
25	Margot O'Halloran	California	14-15	203.7
26	Ava Eisele	Florida	14-15	187.2 Raw
26	Lene Coetser	California	14-15	187.2
28	Kaitlyn Brawley	Florida	14-15	181.7 Raw
28	Gabrielle Perez	Hawaii	14-15	181.7 Raw
28	Sydney Ruth	California	14-15	181.7
31	Alaysha Whitehead	Utah	14-15	148.7 Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 165# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
1 Erin Whipple	Wisconsin	16-17	385.7
2 Ashtyn Burget	Texas	16-17	369.2
3 Kiana Lopez	Texas	16-17	332.6
4 Nicole Cartwright	California	16-17	331.5
5 Devarei Mikami	Hawaii	16-17	330.5 Raw
5 Mandy Proctor	Georgia	16-17	330.5
7 Emily Jondron	Texas	16-17	325.0
7 Lyndsey Trejo	Texas	16-17	325.0
9 Catherine Tristan	Texas	16-17	319.5
9 Sabrina Stacken	Wisconsin	16-17	319.5
11 Victoria Vasquez	Texas	16-17	314.0
12 Nyeala Herndon	Montana	16-17	308.5 Raw
12 Makayla Millbrook	Texas	16-17	308.5
14 Keilani Davis	Florida	16-17	304.1 Raw
15 Sarah Biddle	Indiana	16-17	303.0
15 Kya Sharron	Texas	16-17	303.0
17 Nikki Williams	Georgia	16-17	297.5
18 Lizabelle McGuire	Washington	16-17	286.5 Raw
18 Amira Hegazy	Michigan	16-17	286.5
20 Sarah Delgado	Florida	16-17	285.0 Raw
21 Monica Santillan	California	16-17	281.0
22 Maci Smith	Utah	16-17	275.5 Raw
22 Kendall Buckalew	Texas	16-17	275.5
22 Julie Ortiz	California	16-17	275.5
24 Emily Denham	Washington	16-17	271.1
25 Kylee Bumgardner	Oregon	16-17	270.0
25 Olivia Houseman	Washington	16-17	270.0
27 Erica Yost	Hawaii	16-17	253.5
27 Tasha Dotson	Washington	16-17	253.5
27 Lene Coetser	California	16-17	253.5
30 Kaitlin Gomez	Texas	16-17	242.5
31 Cristina Munoz	California	16-17	236.7
31 Ashley Smith	Idaho	16-17	236.7
33 Leigha Blodgett	Utah	16-17	231.2 Raw
33 Marina Stancill	Hawaii	16-17	231.2
35 Ally Dodds	Florida	16-17	225.0 Raw
36 Brooke Chamber	Florida	16-17	220.0
37 Rachel Blackshear	Washington	16-17	203.7
38 Alexandra Isnor	California	16-17	187.2
39 Kirsten Ramirez	California	16-17	181.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 18-19
 IN THE 165# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
1 Courtney Gathright	Texas	18-19	413.2
2 Amber Kierstyn	Wisconsin	18-19	402.2
2 Marissa Bautista	Hawaii	18-19	402.2
4 Brianna Jo Villarreal	Texas	18-19	391.2
5 Tiffany McKinney	Texas	18-19	369.2
6 Lauren Lugdon	Maine	18-19	363.7
7 Dorothy Tran	Texas	18-19	358.0
8 Melanie Mamerow	Texas	18-19	341.5
8 Jessenia Tadeo	Oregon	18-19	341.5
10 Amanda Wass	Oregon	18-19	336.0
11 Ashley Wirt	Texas	18-19	325.0
11 Dana Bell	Ohio	18-19	325.0
13 Erica Tawney	Washington	18-19	315.1
14 Breanne Potrie	California	18-19	308.5
15 Deavinie Michael	Arkansas	18-19	303.0 Raw
15 Kate Oebker	Arizona	18-19	303.0 Raw
15 Laura Tarkon	Oregon	18-19	303.0
15 Kelly Womack	California	18-19	303.0
15 Sarah Biddle	Indiana	18-19	303.0
20 Carys Cook	Nevada	18-19	292.0
20 Tasha Dotson	Washington	18-19	292.0
20 Christian Kaipō	Hawaii	18-19	292.0
23 Cicily Wadsworth	Oklahoma	18-19	286.5 Raw
24 Kelly Buschke	Oregon	18-19	281.0
24 Keisha Johnston	Texas	18-19	281.0
26 Caryn Caswell	Oregon	18-19	280.0
27 Touea Stinnett	Hawaii	18-19	264.5 Raw
27 Brigette Sergio	Arizona	18-19	264.5
29 Kayla Smith	Ohio	18-19	259.0
30 Madison Johnston	Florida	18-19	255.0
31 Rhegan Watkins	Alabama	18-19	253.5 Raw
31 Liz Minor	Washington	18-19	253.5
33 Erica Yost	Hawaii	18-19	248.0
34 Cora Richards	Florida	18-19	242.5 Raw
35 Brooke Chamber	Florida	18-19	240.0 Raw
35 McKenzie Baxter	Florida	18-19	240.0
37 Brooke Chamber	Florida	18-19	230.0
38 Daisa Davis	California	18-19	203.7 Raw
39 Katharina Wilkes	Germany	18-19	192.7
40 Daeja Barnes	Illinois	18-19	165.2 Raw
41 Briana Clark	Washington	18-19	121.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 12-13
IN THE 148# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Mataya Straka	Washington	12-13	303.0 Raw
2	Sonja Grant	Washington	12-13	275.5
3	Mia Linamen	Florida	12-13	270.0 Raw
4	Isabella Knapik	Nevada	12-13	253.5
5	Mia Linamen	Florida	12-13	250.0 Raw
6	Molly Moore	Oregon	12-13	248.0
7	Ali Miskinis	Ohio	12-13	242.5
8	Shelbie Mikesell	Washington	12-13	236.7
9	Brook Whitehead	Hawaii	12-13	231.2
10	Kaitlyn Brawley	Florida	12-13	209.2 Raw
11	Michelle Navarette	Georgia	12-13	203.7
12	Chloe Bezik	Wisconsin	12-13	181.7 Raw
12	Dasia Lynn Davis	California	12-13	181.7
14	Jessica Allred	Arkansas	12-13	176.2
15	Alexandria Dodds	Florida	12-13	175.0
16	Samantha Taylor	Washington	12-13	159.7
17	Gloria Rodriguez	Washington	12-13	154.2
18	Kendall Brashear	Texas	12-13	143.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 14-15
 IN THE 148# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Brittany Braguine	California	14-15	341.5
2	Havvy Ehrich	Oregon	14-15	325.0 Raw
3	Kaila Fairchild	Idaho	14-15	304.1
4	Mandy Proctor	Georgia	14-15	303.0
5	Iris Singleton	Washington	14-15	297.5 Raw
6	Alexandria Pecktol	Oregon	14-15	292.0
7	Krystle Ventura	Hawaii	14-15	288.7
8	Rhonalynn Domingo	Hawaii	14-15	286.5 Raw
8	Madison James	California	14-15	286.5
10	Sarah Biddle	Indiana	14-15	253.5
10	Amber Sanchez	Texas	14-15	253.5
10	Olivia Houseman	Washington	14-15	253.5
13	Ali Miskinis	Ohio	14-15	238.9
14	Abigail Crahen	Washington	14-15	236.7
15	Avery Kitzmiller	Wisconsin	14-15	231.2 Raw
16	Cheyenne Stevens	Maine	14-15	225.7
16	Demi Meeks	Ohio	14-15	225.7
16	Ashton Woodell	Ohio	14-15	225.7
19	Merina Staniel	Hawaii	14-15	214.7
20	Monica Santillan	California	14-15	209.2
21	Dasia Lynn Davis	California	14-15	203.7
21	Logan Berriman	Oregon	14-15	203.7
22	Tricia Ellingsworth	Washington	14-15	198.2
23	Kara Johnson	Montana	14-15	198.2
24	Amber Fied	Washington	14-15	192.7
24	Allison Smith	Idaho	14-15	192.7
26	Morgan McKeefe	Florida	14-15	185.0 Raw
26	Chloe Kirkland	Florida	14-15	185.0
28	Arayana Rodenbeck	Indiana	14-15	181.7 Raw
28	Cristina Munoz	California	14-15	181.7
30	Alex Bennison	Montana	14-15	176.2 Raw
31	Coria Richards	Florida	14-15	175.0
32	Amanda Campanella	Ohio	14-15	174.0
33	Emily Foppe	Florida	14-15	165.0
34	Alexann Tureman	Washington	14-15	154.2
35	Karoline Justice	Florida	14-15	150.0
36	Margot O'Halloran	California	14-15	148.7
37	Tabatha Colchado	Texas	14-15	126.7
37	Kaylee Riley	Washington	14-15	126.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 148# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
1 Bree Gossett	Texas	16-17	358.0
2 Tamarah Clemmens	Wisconsin	16-17	352.5
3 Amanda Wass	Oregon	16-17	342.6
4 Abigail Castillo	Texas	16-17	330.5
5 Rayne Domingo	Hawaii	16-17	319.5 Raw
6 Sani Roseby	California	16-17	314.0
6 Loren Nunez	Texas	16-17	314.0
6 Briana Williams	Texas	16-17	314.0
9 Mandy Proctor	Georgia	16-17	303.0
9 Sarah Biddle	Indiana	16-17	303.0
11 Ashley Garza	Texas	16-17	292.0
11 Katrina Cohen	California	16-17	292.0
13 Elizabeth Smith	Georgia	16-17	281.0 Raw
13 Alisa Mendes	Florida	16-17	281.0 Raw
13 Hoolai Paakonia	Hawaii	16-17	281.0 Raw
13 Janae Hancock	Arizona	16-17	281.0
13 Olivia Houseman	Washington	16-17	281.0
18 Lauren James	Oregon	16-17	275.5 Raw
19 Alyssa Sullivan	Florida	16-17	275.0
20 Geneveve Sawyer	Washington	16-17	270.0 Raw
21 Alyssa Carver	Wisconsin	16-17	264.5
22 Abigail Crahen	Washington	16-17	259.0
23 Gabriela Damasceno	Brazil	16-17	253.5
24 Lillaine Jackson	Texas	16-17	242.5 Raw
24 Amanda Hesterman	California	16-17	242.5
24 Paulina Tappan	Idaho	16-17	242.5
24 Keiry Miller	Texas	16-17	242.5
28 Jacqueline Stone	Florida	16-17	235.0
29 Marissa Harden	Wisconsin	16-17	231.2
30 Cicily Wadsworth	Oklahoma	16-17	225.7 Raw
31 Addyson Burns	Florida	16-17	220.2 Raw
31 Colleen Partlow	Nevada	16-17	220.2
31 Kody Mitchell	Hawaii	16-17	220.2
34 Leilani Bennet-Hurtado	Hawaii	16-17	214.7
35 Kasey Sauerwein	California	16-17	192.7
36 Sarah Ange	Texas	16-17	187.2
37 Megan Ray	Florida	16-17	180.0
38 Amanda Brown	California	16-17	176.2
39 Lily Krueger	Hawaii	16-17	165.2
39 Sarah Bair	Washington	16-17	165.2
39 Cristina Munoz	California	16-17	165.2
42 Maren Calhoon	Florida	16-17	165.0
43 Sarah Boutwell	Washington	16-17	148.7
44 Jennifer Jones	Washington	16-17	126.7
45 Brianna Clark	Washington	16-17	121.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 18-19
 IN THE 148# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Morgan Taylor	Utah	18-19	391.2
2	Marie Rochat	Oregon	18-19	385.7
3	Tiffany McKinney	Texas	18-19	374.7
4	Bonnie McMillion	Texas	18-19	369.2
4	Kristian Hernandez	Texas	18-19	369.2
6	Kassandra Mendiola	Texas	18-19	352.5 Raw
6	Amanda Wass	Oregon	18-19	352.5
6	Queen Underwood	Washington	18-19	352.5
9	Ashley Lutringer	Texas	18-19	347.0
10	Briana Jo Villarreal	Texas	18-19	336.0
10	Ciara Balidoy	Hawaii	18-19	336.0
12	Madison Potter	Montana	18-19	325.0 Raw
13	Sarah Biddle	Indiana	18-19	319.5
13	Ariane Pacek	Canada	18-19	319.5
15	Kaitlynn Stuart	California	18-19	308.5
15	Loren Nunez	Texas	18-19	308.5
15	Alyssa Carver	Wisconsin	18-19	308.5
18	Gracie Rodney	Hawaii	18-19	304.1 Raw
19	Miranda Machicek	Texas	18-19	303.0
19	Jessica Miller	Oregon	18-19	303.0
19	Lauren Lugdon	Maine	18-19	303.0
22	Kayla McCurley	Alabama	18-19	297.5
23	Brenda Gomez	Oregon	18-19	292.0
23	Jade Ordronneau	Ohio	18-19	292.0
25	Shannon Brinkley	Oregon	18-19	290.0
26	Angela Rodriguez	Texas	18-19	286.5
27	Emily Pritchett	Nevada	18-19	281.0
28	Nelly Guzman	Florida	18-19	275.5
29	Geneveve Sawyer	Washington	18-19	270.0 Raw
29	Reagan Moss	Washington	18-19	270.0
31	Kayce Burges	Texas	18-19	264.5
32	Marla Minor	Washington	18-19	260.0
33	Christian Day	Indiana	18-19	253.5
34	Jacqueline Stone	Florida	18-19	250.0
35	Themi Malysa	Ohio	18-19	242.5
36	Destiny Stover	Florida	18-19	235.0 Raw
37	Colleen Zeka	Wisconsin	18-19	226.8
38	Casey Karhan	Montana	18-19	225.7
38	Erin Costa	Texas	18-19	225.7
40	Rosemary Thariath	India	18-19	220.2
41	J. Sylvester	Oregon	18-19	214.7
42	Sara Anguiano	Texas	18-19	209.2
43	Kelly Grantham	Georgia	18-19	198.2
44	Shana Newton	Washington	18-19	192.7
45	Tina Rino	Colorado	18-19	176.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 12-13
IN THE 132# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1,2023

LIFTER	STATE	AGE GROUP	LIFT
1 Janae Jackson	Washington	12-13	281.0
2 Madison James	California	12-13	264.5
3 Olivia Snoke	Oregon	12-13	231.2
4 Lilaine Jackson	Texas	12-13	225.7
5 Ali Miskinis	Ohio	12-13	220.2
6 Kaitlyn Brawley	Florida	12-13	203.7 Raw
6 Marissa Banaszak	Texas	12-13	203.7
8 Gabriela Aguilera	Texas	12-13	192.7
9 Olivia Teschner	Florida	12-13	187.2 Raw
10 Savannah Allred	Arkansas	12-13	176.2
10 Alexandria Dodds	Florida	12-13	176.2
12 Alyssa Lewis	Oklahoma	12-13	159.7 Raw
13 Sheridan Holmes	Washington	12-13	165.2
14 Shelbie Mikesell	Washington	12-13	159.7
15 Havion Prevard	Illinois	12-13	148.7 Raw
15 Amanda Campanella	Ohio	12-13	148.7
17 Ashley Manchas	Oregon	12-13	143.2 Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 14-15
 IN THE 132# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT	
1	Jordanne Panton	Wisconsin	14-15	330.5
2	Alexandria Pecktol	Oregon	14-15	319.5
3	Bree Gossett	Texas	14-15	314.0
4	Amanda Wass	Oregon	14-15	309.6
5	Kaila Fairchild	Idaho	14-15	308.5
6	Lauryn Etienne	Wisconsin	14-15	304.1 Raw
7	Makayla McDonald	Texas	14-15	303.0
8	Azure Skellington	Hawaii	14-15	286.5
9	Natalie McEwen	Oregon	14-15	281.0
10	Iris Singleton	Washington	14-15	264.5 Raw
11	Victoria Roumbanis	California	14-15	248.0
12	Sarah Stewart	Alabama	14-15	242.5 Raw
12	Kristy Brown	California	14.15	242.5
12	Sarah Biddle	Indiana	14-15	242.5
15	Brooke Dombos	Ohio	14-15	231.2
15	Jessica Miller	California	14-15	231.2
15	Cate Stowell	Texas	14-15	231.2
18	Jannette Horn	Oregon	14-15	220.2
18	Paisley Fao	Washington	14-15	220.2
20	Eleanor Gallaty	California	14-15	214.7 Raw
20	Ali Miskinis	Ohio	14-15	214.7
22	Logan Berriman	Oregon	14-15	209.2
23	Brittany Rains	Florida	14-15	205.0
24	Jade Couture	Montana	14-15	203.7 Raw
24	Emma MacDonald	Washington	14-15	203.7 Raw
24	Shayla Caraulia	Texas	14-15	203.7
24	Katherine DeLeon	Washington	14-15	203.7
28	Shey Paahana	Hawaii	14-15	176.2 Raw
29	Amanda Brown	California	14-15	171.8
30	Mercedes Castillo	California	14-15	170.7
31	Alyssa Lewis	Oklahoma	14-15	165.2 Raw
31	Rashelle Judd	Arizona	14-15	165.2
33	Kay Leigh Haff	Washington	14-15	148.7
34	Jewelie Allred	Arkansas	14-15	143.2 Raw
35	Macey Note	Hawaii	14-15	132.2
36	Reese Augustine	Minnesota	14-15	115.5 Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 132# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Bryanna Ramirez	Texas	16-17	352.5
2	Alexandra Pecktol	Oregon	16-17	330.5
3	Mia Joaquin	Hawaii	16-17	319.5 Raw
4	Aya Leander	Hawaii	16-17	292.0 Raw
4	Lara Sanz	Texas	16-17	292.0
6	Laila Jackson	Texas	16-17	286.5
6	Molly Wysocky	Wisconsin	16-17	286.5
6	Eda Hnatek	Texas	16-17	286.5
9	Shelbea Permenter	Texas	16-17	282.1
10	Savannah Dekeyser	California	16-17	281.0
11	Mackenzie Sanders	Washington	16-17	278.8
12	Erica Ansberry	California	16-17	277.7
13	Pamela Arce	Texas	16-17	275.5 Raw
13	Megan Carpenter	Montana	16-17	275.5 Raw
15	Alissa Sullivan	Florida	16-17	260.0
16	Jasmine Hinshaw	Montana	16-17	259.0 Raw
17	Jaden Brown	Montana	16-17	254.6 Raw
18	Sabrina Hofland	Montana	16-17	253.5 Raw
18	Jessica Vasquez	Texas	16-17	253.5
18	Amira Hegazy	Michigan	16-17	253.5
21	Michaela Milesi	California	16-17	248.0
22	Eleanor Gallaty	California	16-17	242.5 Raw
22	Lauren James	Oregon	16-17	242.5 Raw
24	Katherine Cade	Washington	16-17	231.2
25	Isabella Theobald	Hawaii	16-17	225.7 Raw
25	Victoria Roumbanis	California	16-17	225.7
25	Abigail Seale	Texas	16-17	225.7
28	Melissa Garza	Texas	16-17	214.7
29	Jessica Stutes	Washington	16-17	209.2 Raw
29	Amy Graves	California	16-17	209.2
31	Kasey Sauerwein	California	16-17	203.7
31	Rachel Talley	Washington	16-17	203.7
33	Haylie Boss	Michigan	16-17	198.2
33	Ashley Ramos	Texas	16-17	198.2
35	Emma Stallings	Washington	16-17	192.7 Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 18-19
 IN THE 132# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Jessica Luna	Texas	18-19	363.7
2	Marie Rochat	Oregon	18-19	352.5
3	Ciara Balidoy	Hawaii	18-19	341.5
4	Judith Sverchek	Idaho	18-19	330.5
4	Alexandra Pecktol	Oregon	18-19	330.5
6	Yesenia Valdez	Texas	18-19	319.5
6	Brittany Flores	Texas	18-19	319.5
8	Katrina Cohen	California	18-19	304.1
8	Michaela Milesi	California	18-19	303.0
10	Amanda Vega	Texas	18-19	303.0
11	Renee Miller	Maryland	18-19	286.5 Raw
12	Gracie Rodney	Hawaii	18-19	281.0 Raw
12	Yeseni Valdez	Texas	18-19	281.0 Raw
12	Amanda Wright	Texas	18-19	281.0
15	Christie Hansen	Oregon	18-19	275.5
15	Abbigail Garza	Texas	18-19	275.5
17	Alexia Trevino	Texas	18-19	270.0
17	Colleen Zeka	Wisconsin	18-19	270.0
19	Ninni Myohanen	Finland	18-19	264.5 Raw
19	Eda Hnatek	Texas	18-19	264.5
21	Kayla McCurley	Alabama	18-19	253.5
22	Isabella Theobald	Hawaii	18-19	242.5 Raw
22	Rabecah Miller	Oregon	18-19	242.5
22	Mackenzie Nelsen	Hawaii	18-19	242.5
22	Marina Posselt	Brazil	18-19	242.5
22	Alyssa Kuveke	Nevada	18-19	242.5
27	Callie Nichols	Florida	18-19	240.0 Raw
28	Kylie Sandoval	Utah	18-19	225.7 Raw
28	Sarah Ansberry	California	18-19	225.7
30	Megan Ray	Florida	18-19	225.0
31	Lauri Choate	Tennessee	18-19	220.2
32	Katie Porter	Arkansas	18-19	181.7 Raw
32	Lauren Nettle	Louisiana	18-19	181.7
34	Abbie Adams	Utah	18-19	165.2 Raw
35	Stephanie Womack	Texas	18-19	132.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 12-13
 IN THE 123# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT	
1	Kylie Rodriguez	Wisconsin	12-13	281.0
2	Pomaikai Yamaguchi	Hawaii	12-13	276.6
3	Janae Jackson	Washington	12-13	275.5
4	Ali Miskinis	Ohio	12-13	253.5
5	Alexandra Pecktol	Oregon	12-13	236.7
6	Sonia Barnes	Arkansas	12-13	231.2 Raw
6	Payton Haymore	Arizona	12-13	231.2
6	Molly Wysocky	Wisconsin	12-13	231.2
9	Emily Dlugolinski	Ohio	12-13	220.2
10	Donna Samoylich	Colorado	12-13	214.7
11	Raven Chadwick	Arkansas	12-13	203.7 Raw
12	Kaitlyn Brawley	Florida	12-13	200.0 Raw
13	Kayla Aichele	Oregon	12-13	187.2 Raw
13	Nina Holm	Texas	12-13	187.2 Raw
13	Daria Dermeleva	Estonia	12-13	187.2
16	Anna Fulton	Arizona	12-13	181.7 Raw
16	Gabriela Aguilera	Texas	12-13	181.7 Raw
16	Sarah Biddle	Indiana	12-13	181.7
19	Sophie Stanchfield	Minnesota	12-13	176.2
19	Gabriela Aguilera	Texas	12-13	176.2
19	Lexi Kaczmariski	Wisconsin	12-13	176.2
22	Miley Anderson	Washington	12-13	170.7 Raw
22	Olivia Snoke	Oregon	12-13	170.7
24	Arayana Rodenbeck	Indiana	12-13	165.2 Raw
24	Sophia Lamarque	California	12-13	165.2
26	Alexandria Dodds	Florida	12-13	155.0
27	Emma Stallings	Washington	12-13	154.2
28	Shelbie Mikesell	Washington	12-13	148.7
29	Adriana Dinardo	Ohio	12-13	66.0

HIGHEST ALL-TIME DEADLIFTS IN WABDL

BY FEMALE TEEN LIFTERS AGE 14-15

IN THE 123# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
1 Madison McKendrick	Utah	14-15	310.7
2 Pomaikai Yamaguchi	Hawaii	14-15	309.6
3 Trulayna Ballo	Hawaii	14-15	303.0 Raw
4 Amanda Wass	Oregon	14-15	282.1
5 Charlee Ackley	Washington	14-15	264.5
6 Molly Wysocky	Wisconsin	14-15	259.0
6 Jayci Robicheaux	Texas	14-15	259.0
8 Laila Jackson	Texas	14-15	242.5
8 Autumn Allen	Oregon	14-15	242.5
10 Chelsea Winegar	Utah	14-15	232.3
11 Juliana Van Kolck	Washington	14-15	231.2
11 Gabriela Damasceno	Brazil	14-15	231.2
13 Karina Phipps	Nevada	14-15	226.8
14 Katherine DeLeon	Washington	14-15	220.2
15 Ally Dickensen	Ohio	14-15	220.2
15 Kayley Dombrigues	Hawaii	14-15	214.7
17 Alysha Spring	Idaho	14-15	214.7
18 Grace Wahl	Wisconsin	14-15	209.2 Raw
19 Paisley Fao	Washington	14-15	209.2
20 Jimmie Brownfield	Texas	14-15	203.7 Raw
20 Mikala Stuart	Texas	14-15	203.7
20 Darchë Mottley	Texas	14-15	203.7
23 Helen Snow	Washington	14-15	192.7
24 Cassie San Gregory	Hawaii	14-15	170.7
24 Rachel Talley	Washington	14-15	170.7
24 Mykaela Krous	Washington	14-15	170.7
27 Kayleigh Haff	Washington	14-15	154.2
28 Brooke Dombos	Ohio	14-15	143.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 123# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
1 Taylor Klemmensen	Wisconsin	16-17	347.5
2 Nicole Buck	Michigan	16-17	319.5
3 Iliana Vasquez	Texas	16-17	314.0 Raw
3 Trulayna Ballo	Hawaii	16-17	314.0 Raw
5 Victoria Olivarez	Texas	16-17	308.5
5 Kiara Kneer	Texas	16-17	308.5
7 Cassandra Cordova	Texas	16-17	303.0
7 Joy Yamashita	Hawaii	16-17	303.0
9 Katee Peabody	California	16-17	292.0
10 Amanda Harris	Texas	16-17	281.0
11 Daniella Tipton	Idaho	16-17	275.5
11 Misty Prado	Texas	16-17	275.5
13 Micah Wonyetye	Arizona	16-17	270.0
13 Beth Deming	Oregon	16-17	270.0
13 Madison McKendrick	Utah	16-17	270.0
16 Cadee Carroll	Montana	16-17	259.0 Raw
17 Megan Carpenter	Montana	16-17	253.5 Raw
17 Katee Peabody	California	16-17	253.5 Raw
17 Kaila Fairchild	Idaho	16-17	253.5
20 Bailee Stovall	Tennessee	16-17	243.6 Raw
20 Rebecca Layman	Washington	16-17	243.6
22 Selina Diaz	Texas	16-17	242.5
22 Gabriela Damasceno	Brazil	16-17	242.5
22 Lizzie Carey	Washington	16-17	242.5
25 Ashtyn DeFibaugh	Ohio	16-17	236.7
26 Mckenna Holmes	Oregon	16-17	220.2
27 Deborah Brown	Washington	16-17	214.7
27 Mercedes Castillo	California	16-17	214.7
29 Amanda Wenzel	Washington	16-17	209.2
29 Joanna Sills	Oregon	16-17	209.2
31 Rachel Talley	Washington	16-17	192.7
32 Mykaela Krous	Washington	16-17	159.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 18-19
 IN THE 123# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Taylor Klemmensen	Wisconsin	18-19	363.7
2	Brittany Flores	Texas	18-19	341.5
3	Jill Remiticado	Hawaii	18-19	336.0
4	Misty Prado	Texas	18-19	319.5 Raw
4	Tzu Hsuan Esther Yen	Arizona	18-19	319.5
6	Emily Oshiro	Oregon	18-19	303.0
6	Chasitee Thompson	Texas	18-19	303.0
8	Lizzie Carey	Washington	18-19	286.5
9	Alaina Antoinette	Pennsylvania	18-19	275.5
10	Karina Phipps	Nevada	18-19	270.0
11	Erica Ansberry	California	18-19	264.5
12	Audrey Perez	Texas	18-19	259.0
13	Alison Schaaf	Wisconsin	18-19	253.5 Raw
13	Alison Schaaf	Wisconsin	18-19	253.5
15	Shelby Dueit	Texas	18-19	248.0
16	Hannah Barnhill	California	18-19	242.5
16	Rebecca Anderson	Washington	18-19	242.5
18	Brooke Catrett	Florida	18-19	235.0
19	Amanda Wenzel	Washington	18-19	232.3
20	Cynthia Keyes	California	18-19	231.2
20	Karla Lovos	California	18-19	231.2
22	Monecho McMillion	Washington	18-19	230.0
23	Rebecca Layman	Washington	18-19	225.7
24	Tehani Keolanui	California	18-19	220.2 Raw
25	Lauri Choate	Tennessee	18-19	214.7
25	Rachel Talley	Washington	18-19	214.7
27	Sydney Groenendaal	Oregon	18-19	209.2
28	Callie Nichols	Florida	18-19	205.0
29	Jennifer Harris	Washington	18-19	203.7
29	Sarah Weber	California	18-19	203.7
31	Brittany Rains	Florida	18-19	200.0
32	Megan Bennett	Utah	18-19	192.7
33	Jessica Ansberry	California	18-19	181.7
33	Ariana Ilharreguy	California	18-19	181.7
35	Kandi Lukowski	Washington	18-19	165.2
36	Ali Laurent	Louisiana	18-19	159.7
37	C. Josefovicz	Hawaii	18-19	154.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 12-13
 IN THE 114# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Trulayna Ballo	Hawaii	12-13	253.5 Raw
2	Angelina Battige	Wisconsin	12-13	251.3
3	Sealeigh Ramsey	Texas	12-13	242.5
4	Ali Miskinis	Ohio	12-13	236.7
5	Autumn Allen	Oregon	12-13	232.3
6	Rhyan Parrish	Florida	12-13	231.2 Raw
6	Alexandra Pecktol	Oregon	12-13	231.2
8	Iris Singleton	Washington	12-13	225.7 Raw
8	Peyton Garner	Texas	12-13	225.7
10	Angelina Battige	Wisconsin	12-13	220.2 Raw
10	Payton Haymore	Arizona	12-13	220.2
12	Sonia Barnes	Arkansas	12-13	214.7 Raw
12	Janae Jackson	Alabama	12-13	214.7
12	Molly Moore	Oregon	12-13	214.7
15	Felicia Bell	Washington	12-13	209.2 Raw
16	Brianna Judd	Arizona	12-13	203.7
16	Brynn Montgomery	Arizona	12-13	203.7
16	Lilaine Jackson	Texas	12-13	203.7
19	Raven Chadwick	Arkansas	12-13	192.7 Raw
20	Lexi Kaczmariski	Wisconsin	12-13	181.7
21	Zen Brooks	Arizona	12-13	159.7
22	Baylee Bradford	Florida	12-13	132.2
22	Havion Prevard	Illinois	12-13	132.2
22	Sunny Aparece	Washington	12-13	132.2
25	Jessica Allred	Arkansas	12-13	126.7
26	Bentley Burgoon	Minnesota	12-13	115.5 Raw
26	Paige Augustine	Minnesota	12-13	115.5 Raw
28	Makayla Chandler	Arkansas	12-13	88.0

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 14-15
 IN THE 114# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Angelina Battige	Wisconsin	14-15	341.5
2	Madison McKendrick	Utah	14-15	300.8
3	Trulayna Ballo	Hawaii	14-15	292.0 Raw
4	Yvette Flores	Texas	14-15	275.5
5	Misha Whitehead	Hawaii	14-15	270.0
6	Grace Wahl	Wisconsin	14-15	264.5 Raw
6	Amanda Harris	Texas	14-15	264.5
6	Daniella Tipton	Idaho	14-15	264.5
9	Liliane Carlota Carneiro	Brazil	14-15	249.1
10	Juliana Van Kolck	Washington	14-15	248.0
11	Sharee Jackson	Washington	14-15	236.7
12	Caitlyn Sung	Oregon	14-15	231.2
12	Sonni Gehring	Texas	14-15	231.2
14	Vanessa Block	California	14-15	225.7
15	Carys Urasaki	Hawaii	14-15	220.2 Raw
15	Eda Hnatek	Texas	14-15	220.2
15	Alexis Marotta	Arizona	14-15	220.2
18	Lisa Tuaolo	Hawaii	14-15	206.0
19	Malia Fetsch	Hawaii	14-15	203.7
19	Tania Akina	Hawaii	14-15	203.7
19	Trinity Frisby	Washington	14-15	203.7
22	Veera Selkainaho	Finland	14-15	198.2
22	Sabrina Espinoza	Texas	14-15	198.2
24	Emma Stallings	Washington	14-15	192.7 Raw
24	Christa Judd	Arizona	14-15	192.7
26	Heather Tompkins	Texas	14-15	181.7
27	Rachel Talley	Washington	14-15	165.2
28	Jennifer Prado	Texas	14-15	154.2 Raw
29	Sunny Aparece	Washington	14-15	137.7
30	Tessa Campbell	California	14-15	132.2
31	Jacquelyn Patching	Washington	14-15	121.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 16-17
IN THE 114# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Kati Durham	Texas	16-17	330.5
2	Brianna Morelion	Texas	16-17	303.0
3	Cindy Herrera	Texas	16-17	282.1
4	Anna Cade	Washington	16-17	281.0
4	Cheyenne Tavares	Hawaii	16-17	281.0
6	Trulayna Ballo	Hawaii	16-17	275.5 Raw
7	Katee Peabody	California	16-17	259.0
7	Britney Golladay	Texas	16-17	259.0
9	Vanessa Block	California	16-17	254.6
10	Sonni Gehring	Texas	16-17	248.0
11	Chrysta Guerro	Texas	16-17	236.7
12	Danielle Puentes	Texas	16-17	231.2
12	Kailey Trice	Texas	16-17	231.2
14	Jade Fernandez	Oregon	16-17	214.7
15	Rachel Donnelly	Washington	16-17	203.7
15	Shelby Stott	Washington	16-17	203.7
17	Karina Gneck	Arizona	16-17	198.2
18	Cora Ackerman	Montana	16-17	187.2 Raw
19	Emma Macdonald	Washington	16-17	182.8 Raw
20	Aubrey Post	Michigan	16-17	181.7
20	Liz Sauvageau	Washington	16-17	181.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 18-19
IN THE 114# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Kaila Hew Len	Hawaii	18-19	304.1
2	Leigha Carter	Montana	18-19	303.0 Raw
3	Ren Yamashita	Hawaii	18-19	303.0
4	Kaci Singh	California	18-19	287.6 Raw
5	Julie Chapman	Texas	18-19	281.0
5	Vickie Holbrook	Wisconsin	18-19	281.0
7	Leslie Guzman	Texas	18-19	275.5
8	Virginia Puentes	Texas	18-19	253.5
9	Cynthia Keyes	California	18-19	242.5
9	Merissa Baker	Texas	18-19	242.5
9	Tyler Garcia	Texas	18-19	242.5
12	Shelby Stott	Washington	18-19	236.7
13	Kimberly Tran	Texas	18-19	220.2
14	Megan Bennett	Utah	18-19	203.7
15	Angie Ramsamooj	Oregon	18-19	200.0
16	Brittany Burroughs	Georgia	18-19	192.7
16	Ashtyn Defibaugh	Ohio	18-19	192.7
16	Anna Audia	Michigan	18-19	192.7
19	Mariam Bimbo	Hawaii	18-19	187.2
19	Valerie Sanchez	Texas	18-19	187.2
21	Tianna Whorrall	Washington	18-19	181.7

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 12-13
 IN THE 105# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
1 Sealeigh Ramsey	Texas	12-13	222.4
2 Ali Miskinis	Ohio	12-13	221.3
3 Alexandra Pectol	Oregon	12-13	214.7
4 Janae Jackson	Alabama	12-13	203.7
4 Molly Moore	Oregon	12-13	203.7
6 Rhyan Parrish	Florida	12-13	193.8 Raw
7 Carys Urasaki	Hawaii	12-13	192.7 Raw
7 Savannah Sparkes	Arizona	12-13	192.7
9 Kristin Bareng	Hawaii	12-13	189.4
10 Brianna Judd	Arizona	12-13	187.2
10 Cheyene Tavares	Hawaii	12-13	187.2
12 Christa Judd	Arizona	12-13	159.7
13 Jenna Henkel	Ohio	12-13	154.2
14 Emma MacDonald	Washington	12-13	148.7
15 Kayla Gutierrez	Texas	12-13	139.9
16 A.T. Lavaty	Arizona	12-13	132.2 Raw
17 Harley Garrett	Arkansas	12-13	99.0 Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 14-15
 IN THE 105# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT
1 Taylor LaChapelle	Wisconsin	14-15	297.5
2 Cheyene Tavares	Hawaii	14-15	248.0
3 Liza Bimbo	Hawaii	14-15	242.5
4 Madison McKendrick	Utah	14-15	210.3
5 Cadee Carroll	Montana	14-15	209.2 Raw
5 Micah Wonyetye	Arizona	14-15	209.2
5 Sierra Sloan	Utah	14-15	209.2
8 Katie Hutchinson	Florida	14-15	205.0
9 Rafaela de Andrade Ubertini	Brazil	14-15	203.7
10 Mahdika Jenkins	Washington	14-15	200.0
11 Tonia Barnes	Arkansas	14-15	198.2 Raw
11 Kelsee Derr	California	14-15	198.2
13 Kamri Lindley	Texas	14-15	192.7
14 Sabrina Espinoza	Texas	14-15	181.7
15 Alexis Marotta	Arizona	14-15	148.7
16 Kylee Ratliff	Florida	14-15	143.2 Raw
17 Riley Ross	Idaho	14-15	137.7
18 Nichole Burke	Washington	14-15	120.0
19 Yuxuan Chen	Hawaii	14-15	115.5

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 105# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Amanda Lopez	Texas	16-17	299.7
2	Sarah Cruz	Texas	16-17	297.5
3	Vanesa Garcia	Texas	16-17	281.0
4	Cheyenne Tavares	Hawaii	16-17	271.1
5	Angela Rocha	Texas	16-17	254.6
6	Devyn Turner	Texas	16-17	236.7
7	Abigail Guenzi	California	16-17	220.2
8	Emily Krause	Wisconsin	16-17	214.7 Raw
9	Dylan Carroll	Montana	16-17	209.2 Raw
10	Angela Perez	Texas	16-17	198.2
10	Tiana Whorrall	Washington	16-17	198.2
12	Elizabeth Snook	Oregon	16-17	176.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 18-19
 IN THE 105# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Makalea Ramil	Hawaii	18-19	315.1 Raw
2	Angela Rocha	Texas	18-19	287.6
3	Molly Jaeger	Texas	18-19	286.5
4	Jocelyn Coleman	Texas	18-19	264.5
5	Megan Menear	Alabama	18-19	253.5
6	Emily Kubiak	California	18-19	242.5
7	Ashleigh Wilder	Texas	18-19	231.2
8	Hannah Best	Louisiana	18-19	209.2
9	Whitney Stansell	Texas	18-19	203.7 Raw
10	Lori Hirojosa	Texas	18-19	203.7
11	Chanel Lewis	Texas	18-19	198.2
12	Kimberly Ramey	Alabama	18-19	176.2

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 12-13
 IN THE 97# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Alayna Easterly	Wisconsin	12-13	270.0
2	Taylor LaChápelle	Wisconsin	12-13	236.7
3	Sharee Jackson	Washington	12-13	225.7
4	Kayla Aichele	Oregon	12-13	188.3 Raw
5	Kierstin Uehara	Oregon	12-13	187.2
6	Alexandra Pecktol	Oregon	12-13	181.7
7	Brianna Jackson	Washington	12-13	170.7
8	Aubrey Burns	Florida	12-13	165.2 Raw
8	Payton Haymore	Arizona	12-13	165.2
8	Brianna Judd	Arizona	12-13	165.2
8	Savannah Sparkes	Arizona	12-13	165.2
12	Monet Sachs	Arizona	12-13	159.7
12	Katherine Cade	Washington	12-13	159.7
14	Londyn Patrick	Arizona	12-13	154.2 Raw
14	Christa Ortega	Arizona	12-13	154.2
14	Lillaine Jackson	Texas	12-13	154.2
17	Ava Carter	Montana	12-13	148.7 Raw
18	Tonia Barnes	Arkansas	12-13	148.7 Raw
18	Brynn Montgomery	Arizona	12-13	148.7
18	Kalli Mikesell	Washington	12-13	148.7
21	Autumn Allen	Oregon	12-13	143.2
22	Brenna Murray	Arizona	12-13	137.7
22	Grace Solleder	Texas	12-13	137.7
24	Maya Gentry	Montana	12-13	132.2 Raw
24	Evinly Bright	Arizona	12-13	132.2
26	Alexandra Dodds	Florida	12-13	130.0
27	Sonia Vengley	Oregon	12-13	110.0 Raw
28	Ali Miskinis	Ohio	12-13	106.7
29	Maria Maldonado	Texas	12-13	104.5
29	Kailey Gneck-Chartier	Arizona	12-13	104.5
29	Savanna Allred	Arkansas	12-13	104.5
32	Aaliyah Gray	Washington	12-13	99.0
32	Adessa Judd	Arizona	12-13	99.0
34	Aisley Gentry	Montana	12-13	93.5 Raw
35	Madison Weitz	Arizona	12-13	88.0
36	Maddie Augustine	Minnesota	12-13	66.0 Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
BY FEMALE TEEN LIFTERS AGE 14-15
IN THE 97# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

	LIFTER	STATE	AGE GROUP	LIFT
1	Taylor LaChápelle	Wisconsin	14-15	259.0
2	Cheyene Tavares	Hawaii	14-15	248.0
3	Daniel Puentes	Texas	14-15	220.2
4	Makalea Ramil	Hawaii	14-15	187.2 Raw
4	Sabrina Binotti	Brazil	14-15	187.2
6	Cadence Ricci	California	14-15	176.2 Raw
6	Tianna Whorrall	Washington	14-15	176.2
8	Lisa Marie Garcia	Washington	14-15	171.8
9	Alyssa Gilmore	Idaho	14-15	170.7
10	Tania Akina	Hawaii	14-15	170.0
11	Shallaine Ramos	Hawaii	14-15	148.7 Raw
12	Tianna Whorrall	Washington	14-15	137.7
13	A.T. Lavaty	Arizona	14-15	121.2 Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 16-17
 IN THE 97# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT	
1 Emily Forner	Texas	16-17	286.5	Raw
2 Desiree Estrada	Texas	16-17	270.0	
3 Chantal Garza	Texas	16-17	236.7	
4 Emily Guerra	Texas	16-17	225.7	
5 Lisa Marie Garcia	Washington	16-17	203.7	
5 Joslyn Pacheco	Texas	16-17	203.7	
7 Aunja Norland	Washington	16-17	192.7	
8 Makalea Ramil	Hawaii	16-17	176.2	Raw
9 Angela Barrera	Texas	16-17	170.7	
10 Madison Hawkison	Florida	16-17	160.0	Raw

HIGHEST ALL-TIME DEADLIFTS IN WABDL
 BY FEMALE TEEN LIFTERS AGE 18-19
 IN THE 97# WEIGHT CLASS

Inclusive from January 1, 1995 up to and Including July 1, 2023

LIFTER	STATE	AGE GROUP	LIFT	
1 Amanda Anderson	Utah	18-19	253.5	
2 Arielle Villaruel	Florida	18-19	240.0	Raw
2 Arielle Villaruel	Florida	18-19	240.0	
4 Anne Villaruel	Florida	18-19	225.0	
5 Samantha Guevara	Texas	18-19	209.2	
6 Katherine Todd	Washington	18-19	198.3	
7 Alexandra Fraga	Texas	18-19	192.7	
7 Angela Perez	Texas	18-19	192.7	
9 Margie Villamore	Hawaii	18-19	176.2	
10 Jolene Buckingham	Washington	18-19	154.2	
11 Abby Griffith	Washington	18-19	110.0	

