

WABDL^{LLC}- SCHEDULE OF MEETS – 2024

These are the confirmed meets for next year. Others may be added and will be posted when confirmed. All meets will be held as scheduled unless there is a change in state laws regarding COVID-19 restrictions

Date	Meet	Location	Contact
February 24	WABDL – Florida State	All American Gym – 1245 George Jenkins Blvd, Lakeland, FL, 33815	Ken Snell – 863-698-0230, ken@kensnellpower.com
March 2	WABDL - Southern Nationals	Haven Hotel, 2400 Phillips Dr, Jonesboro, AR, 72401	Eddie Morgan – 870-217-1452 Tom Morgan – 870-926-9262 Ortho1950@hotmail.com
March 3	WABDL – Sonny’s XXIII	Kapiolani Bandstand – 3840 Paki Ave, Honolulu, HI, 96815	Jocelyn Ronolo – (808)387-8776
March 16	WABDL – High Desert Classic	Emergence Performance Center, 494 SW Veterans Way Ste 1, Redmond, OR 97756	Dan Guches – 541-890-32258 Chuck McFarland – 541-326-5591
March 23	WABDL – Big Sky Classic	Hilton Garden Inn – 3720 North Reserve St, Missoula, MT, 59808	Gus Rethwisch – 503-901-1622 Jason Sacre – 435-730-0089 Mike Neely – 406-546-8889
March 23	WABDL – Monterey Bay Classic	Bodyworx Martial Arts - 2024 Del Monte Ave, Monterey, CA, 93940	Matt Lamarque – 831-277-4766 bovinestrengthsystems@gmail.com
April 27	Anderson Powerlifting Presents WABDL Texas State Bench Press & Deadlift Championship	428 W Bedford Eules Rd, Hurst, TX, 76053	Alex & Norma Calvo – (817)403-3525 Calvoa80@gmail.com Willis Smith – (254)447-8472 Smithfitness93@gmail.com
May 5	Reid & Kelly Solar Presents WABDL Push-Pull Nationals	Hilton North Scottsdale at Cavasson, 7965 E Cavasson Blvd, Scottsdale, AZ, 85255	Gus Rethwisch – (503)901-1622
June 1	Reid & Kelly Solar Presents WABDL World Cup	Chula Vista Resort -1000 Chula Vista Parkway, Wisconsin Dells, WI, 53965	Gus Rethwisch – (503)901-1622
June 8	WABDL California State Championships	Double Tree by Hilton – 685 Manzanita Ct, Chico, CA 95926	Gus Rethwisch – (503)901-1622
June 15	WABDL Rocky Mountain Regional Bench Press & Deadlift	Absolute Fitness – 3140 Brinker Ave, Ogden, UT, 84403	Jesse Johnson – (801)390-1000 Jeremiah Johnson – (801)814-0183
June 29	WABDL Southern Regionals	All American Gym – 1245 George Jenkins Blvd, Lakeland, FL, 33815	Ken Snell – 863-698-0230, ken@kensnellpower.com
July 7	WABDL Hawaii’s Strongest	Edith Kanaokaole Stadium – 350 Kalanikoa St, Hilo, HI, 96720	Darren Elisaga – (808)756-1842
July 13	WABDL Southern Record Breakers	Willmore Training Center	Brant Bishop – (256)390-4436 bswbishop@charter.net
July 27	WABDL National Championships	Clarion Hotel, Broken Arrow, OK	Terry Putman – (918)361-7316 putmanpower@yahoo.com
July 28	WABDL Northwest Regionals	Steelhead Crossfit Fitness Center – 1213 Stowe Ave, Medford, OR, 97501	Chuck McFarland – (541)326-5591 Dan Guches – (541)890-3258

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August 3	WABDL Bovine Strength Bench Press & Deadlift Championships	Bodyworx Martial Arts - 2024 Del Monte Ave, Monterey, CA, 93940	Matt Lamarque – 831-277-4766 bovinestrengthsystems@gmail.com
August 10	WABDL Northern California Bench Press & Deadlift Classic	Epic Barbell, 1036 South Street, Orland, CA, 95963	J.C. Tolle – (530)330-0370 j.c.tolle68@gmail.com
August 10	WABDL North American Championships	TBD – Seattle, WA	Joe Mickelson – (206)391-8047 Biglifter275@gmail.com
October 19	WABDL Southern Invitational	All American Gym – 1245 George Jenkins Blvd, Lakeland, FL, 33815	Ken Snell – 863-698-0230, ken@kensnellpower.com
November 6-10	WABDL WORLD CHAMPIONSHIPS	Horseshoe Hotel – 3645 Las Vegas Blvd South, Las Vegas, NV, 89109	Gus Rethwisch – (503)901-1622