

# WABDL<sub>LLC</sub>- SCHEDULE OF MEETS – 2025

These are the confirmed meets for next year. Others may be added and will be posted when confirmed

Date/Meet ID	Meet	Location	Contact
TBD	WABDL National Push-Pull Championship	Sonesta Suites, 6040 N. Scottsdale Rd, Scottsdale, AZ, 85253	Gus Rethwisch (503) 901-1622/Reid Solar (480)284-0304
January 25	2025 WABDL®- Battle on Sand Mountain	Willmore Training 24/7, Guntersville	Brant Bishop (256)390-4436
February 22	WABDL® - Southern Nationals	Trumann Sports Complex, 16179 Pecan Grove, Trumann AR, 72472	Eddie Morgan (870) 219-1452
March 1	WABDL Florida State Bench Press, Deadlift & Push-Pull Championship	All American Gym, 1245George Jenkins Blvd. Lakeland Fl, 33815	Ken Snell (863)698-0230
March 15	WABDL® - Monterey Classic Bench Press and Deadlift Championships	Bodyworx Martial Arts - 2024 Del Monte Ave, Monterey, CA, 93940	Matt Lamarque (831) 277-4766
March 22	Mike Neely Presents: WABDL® - Big Sky Bench Press & Deadlift Championship	Hilton Garden Inn, 3720 North Reserve Street, Missoula, MT, 59808	Gus Rethwisch (503) 901-1622
March 23	WABDL® - Sonny's XXIV Bench Press and Deadlift Championship	Kapiolani Band Stand - 2686-2882 Kalakaua Avenue, Honolulu, HI 96815	Jocelyn Ronolo (808) 387-8776 or Email: <a href="mailto:jocelynrnolo@gmail.com">jocelynrnolo@gmail.com</a>
April 26	Great North American Bench Press & Deadlift Championships	Locals Crossfit, 2031 196th St SW, Lynwood, WA, 98036	Joe Mickelson (206)391-8047
May 17	Reid & Kelly Solar Present: WABDL National Championships	Chula Vista Resort- 1000 Chula Vista Pkwy, Wisconsin Dells, WI 53965	Gus Rethwisch (503) 901-1622/Reid Solar (480)284-0304
June 7	WABDL- California State Bench Press and Dead Lift Championships	DoubleTree by Hilton, 685 Manzanita Ct, Chico, CA, 95926	Gus Rethwisch (503) 901-1622
June 28	WABDL Regional Bench Press, Deadlift, & Push-Pull Championship	All American Gym, 1245George Jenkins Blvd. Lakeland Fl, 33815	Ken Snell (863)698-0230
July 6	WABDL - Hawaii's Strongest Bench Press and Deadlift Championship	Edith Kanakaole Stadium – 350 Kalanikoa St, Hilo, HI, 96720	Darren Elisaga (808)756-1842
July 27	WABDL - Northwest Bench Press and Deadlift Championship	Steelhead Strong Fitness - 1213 Stowe Ave, Medford, Oregon, 97501	Chuck McFarland (541) 326-5591 (daytime) and Dan Guches (541) 890-3258 (evenings)
August 9	WABDL - Northern California Bench & Deadlift Classic	Epic Barbell, 1036 South St, Orland, CA, 95963	JC Tolle (530) 330-0370

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November 1	WABDL Southern Invitational Bench Press, Deadlift, & Push-Pull Championship	All American Gym, 1245 George Jenkins Blvd. Lakeland FL, 33815	Ken Snell (863)698-0230
November 3-7	Hawai'i's Strongest Presents: WABDL World's 2025	Outrigger Kona Resort and Spa; 78-128 Ehukai St, Kailua-Kona, HI, 96740	Darren Elisaga (808)756-1842