

WABDL Approved Gear List

Updated August, 2018

Only support suits, shirts, briefs and wraps from commercial companies officially approved by the WABDL Apparel Committee are allowed for use in WABDL sanctioned Powerlifting Competitions. This applies to all records set and championships won, from Local State Meets to World Competitions.

If the equipment does NOT appear on the below list, it is NOT approved. If and/or when new equipment is approved, it will appear on the list below. Please note that the bench shirt must be on top of the deltoid 2½ inches from the edge of the shoulder and only standard ½ - 1 1/4 inch neck allowed. **No grid stitching allowed on any shirt.**

NOTE: The “Overkill” Shirts and Suits are NOT approved for the WABDL

ANDERSON POWERLIFTING:

Wraps - All wraps are approved given they meet the below specifications.

Wrist - 12” thru 1 meter / 39.3 inches”

Knee - 2 meter / 6.5 feet MAXIMUM length

Width for both - 8cm / 3.1 inches Maximum

INZER:

Deadlift & Squat Suits - Single or Double Ply, shoulder Velcro adjustable straps are allowed

- Champion Suit
- Z-Suit
- Hardcore Suit
- TRX
- T-REX
- Max DL Suit
- The Fusion Suit
- The Leviathan
- The Leviathan Ultra Pro (2-Ply ONLY)

Bench Shirts - Single or Double Ply **ONLY** / regular neck, regular or radical cut, with or without Velcro closures on back, **ONLY** closed neck across the back of shirt allowed

- Blast Shirt
- Heavy Duty Blast Shirt (HD)
- High Performance Heavy Duty Blast Shirt (HPhD)
- Extra High Performance Heavy Duty Blast Shirt (EHPhD)
- Phenom Shirt
- Phenom 2 (This is the WABDL legal 2 PLY version)
- Inzer Denim Shirt (Blue or Black denim ONLY)
- Rage Shirt
- Rage-X Shirt
- Bolt

Erector shirts - Single ply **ONLY**, with or without sleeves

- Inzer Erector Shirt
- Heavy Duty Inzer Erector Shirt (**NOT TO BE USED IN RAW**)

Briefs - Single or Double Ply, **NO power pants**

- Groove Briefs
- Heavy Duty Groove Briefs (**NOT TO BE USED IN RAW**)

Wraps - All wraps are approved given they meet the below specifications.

Wrist - 12" thru 1 meter / 39.3 inches"

Knee - 2 meter / 6.5 feet MAXIMUM length

Width for both - 8cm / 3.1 inches Maximum

Knee Sleeves: Not exceeding 30cm / 12 inches in height and 7mm / 0.25 inches thick

- Knee Sleeve XT - With Velcro now approved

TITAN:

Deadlift & Squat Suits - Single or Double Ply

- Superior Suit
- Super Centurion Suit
- Centurion Suit
- Spartan
- Evil Twin
- Velocity Deadlift Suit (Conventional or Sumo)
- Boss (This is ONLY in 2 Ply)

Bench Shirts - Single or Double Ply **ONLY**, ONLY closed neck across the back of shirt allowed

- Fury Shirt
- Super Fury Shirt
- F6 Shirt
- Super F6 Shirt
- Katana Shirt
- Super Katana Shirt
- Katana Extreme Shirt
- Evil Twin
- Boss (Only in 2 Ply)

Briefs - Single or Double Ply, **NO Boxer Briefs, NO legs & Must be cut below belly button**

Wraps: All wraps are approved given they meet the below specifications.

Wrist - 12" thru 1 meter / 39.3 inches"

Knee - 2 meter / 6.5 feet MAXIMUM length

Width for both - 8cm / 3.1 inches Maximum

Knee Sleeves: Not exceeding 30cm / 12 inches in length and 7mm / 0.25 inches thick

Karin Klein: NO Grid or Cross stitching allowed on the shirt

Bench Shirts - Single or Double Ply **ONLY**, ONLY closed neck across the back of shirt allowed, Ask for WABDL legal shirt

- Denim
- Generation II Denim

Wraps

Wrist - 20" (only size offered)

- Xtreme Red
- Xtreme Black

Knee - 2 meter / 6.5 feet MAXIMUM length

- Xtreme Red

- Xtreme Black

Width for both - 3 inches Maximum

Metal Gear:

Deadlift & Squat Suits - Single or Double Ply, shoulder Velcro adjustable straps are allowed

- Metal IPF Squatter
- Metal IPF King Squatter
- Metal IPF King Squatter V-Type
- Metal IPF V-Type Squatter
- Metal IPF Viking Squatter
- Metal IPF Viking V-Type Squatter
- Metal IPF Deadlifter
- Metal IPF King Deadlifter
- Metal IPF King Sumo Deadlifter
- Metal IPF Viking Deadlifter
- Metal Pro Squatter
- Metal Ace Pro Squatter
- Metal Pro Deadlifter
- Metal King Pro Deadlifter
- Metal King Pro Sumo Deadlifter (2 Ply Division ONLY)

Bench Shirts - Single or Double Ply **ONLY**, **ONLY** closed neck across the back of shirt allowed with or without Velcro closures on back

Single Ply Shirts: IPF Line

- Metal IPF Bencher
- Metal IPF Viking Bencher
- Metal IPF Viking Bencher X-Type
- Metal IPF Viking Presser Bencher
- Metal IPF King Presser
- Metal IPF King X-Type Bencher
- Metal IPF King Bencher
- Metal Bash Single Ply Bencher (You must ask for the CLOSED NECK version)

Double Ply Shirts:

- Metal Bash Pro Bencher (You must ask for the CLOSED NECK version)

Wraps: All wraps are approved given they meet the below specifications.

Wrist - 12" thru 1 meter / 39.3 inches"

Knee - 2 meter / 6.5 feet MAXIMUM length

Width for both - 8cm / 3.1 inches Maximum

Knee Sleeves: Not exceeding 30cm / 12 inches in height and 7mm / 0.25 inches thick

- Metal IPF Knee Sleeves

Marathon:

Deadlift & Squat Suits

- Super Suit (Squat)
- Gold Medal Suit
- Deadlift Super Suit

Iron Rebel Power Gear: (Formerly - Rhino)

Wraps - All wraps are approved given they meet the below specifications
Wrist - 12" thru 1 meter / 39.3 inches"
Knee - 2 meter / 6.5 feet MAXIMUM length
Width for both - 8cm / 3.1 inches Maximum

Knee Sleeves - Not exceeding 30cm / 12 inches in height and 7mm / 0.25 inches thick

MURPHY COMPANY OF BRAZIL:

Bench Shirts - Single or Double Ply **ONLY**, **ONLY** closed neck across the back of shirt allowed

- Murphy Bench Shirt

APT Pro Gear:

Bench Shirts - Single or Double Ply **ONLY**, **ONLY** closed neck across the back of shirt allowed

- APEX Shirt

Wraps - All wraps are approved given they meet the below specifications.

Wrist - 12" thru 1 meter / 39.3 inches"
Knee - 2 meter / 6.5 feet MAXIMUM length
Width for both - 8cm / 3.1 inches Maximum

SBD:

Knee Sleeves - Not exceeding 30cm / 12 inches in height and 7mm / 0.25 inches thick

Sling Shot:

Wraps - All wraps are approved given they meet the below specifications.

Wrist - 12" thru 1 meter / 39.3 inches"
Knee - 2 meter / 6.5 feet MAXIMUM length
Width for both - 8cm / 3.1 inches Maximum

Knee Sleeves - Not exceeding 30cm / 12 inches in height and 7mm / 0.25 inches thick

Rehband:

Knee Sleeves - Not exceeding 30cm / 12 inches in height and 7mm / 0.25 inches thick

- 7054
- 7081
- 7751
- 7754
- 7953

Elite Fitness:

Wraps - All wraps are approved given they meet the below specifications.

Wrist - 12" thru 1 meter / 39.3 inches"
Knee - 2 meter / 6.5 feet MAXIMUM length
Width for both - 8cm / 3.1 inches Maximum

Knee Sleeves - Not exceeding 30cm / 12 inches in height and 7mm / 0.25 inches thick

- Heavy Knee Sleeve
- Super Heavy Knee Sleeve