

RESULTS OF IDAHO STATE BENCH PRESS AND DEAD LIFT CHAMPIONSHIPS

Event	Sex	Division	Weight	Class	Weight Lifter	4th	SR	NR	WR	Name	State	Ply	Date	Location
DL	Men	Class 1 Men	275		457.2	473.7	WA			Chad Crossen	WA	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Women	Class 1 Women	181		170.7	181.7	NV			Alane Fife	NV	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Junior Men 20-25	198		595.0		ID			Nicholas Pederson	ID	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Women	Law-Fire 40-47 Women	198		473.7		WA	NR	WR	Alisha Howard	WA	Single-ply	August 21, 2021	Coeur d'Alene, ID
DL	Men	Law-Fire 64 Men	275		523.5		WA	NR	WR	Willard Crossen Jr.	WA	Single-ply	August 21, 2021	Coeur d'Alene, ID
DL	Women	Law-Fire Open Women	198		473.7		WA	NR	WR	Alisha Howard	WA	Single-ply	August 21, 2021	Coeur d'Alene, ID
DL	Men	Master Men 40-46	181		512.5		WA			Willard Crossen III	WA	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Master Men 40-46	259		584.0		MT			Taylor Stermitz	MT	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Master Men 40-46	308		556.5		WA			Dwayne Nill	WA	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Master Men 47-53	181		556.5		ID			Jesus Fragoso	ID	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Master Men 54-60	148		352.5					James Needles	WA	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Master Men 54-60	275		650.2		WA	NR	WR	Tom Pennella	WA	Single-ply	August 21, 2021	Coeur d'Alene, ID
DL	Men	Master Men 54-60	308		644.7		WA	NR	WR	Brent Mikesell	WA	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Master Men 61-67	198		402.2					Dan Walker	WA	Single-ply	August 21, 2021	Coeur d'Alene, ID
DL	Women	Master Women 40-46	181		187.2					Jennifer Sampson	MT	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Women	Master Women 47-53	148		325.0		CA			Jeanne Nielsen	CA	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Women	Master Women 54-60	165		363.7					Beverly Anolin	CA	Single-ply	August 21, 2021	Coeur d'Alene, ID
DL	Men	Open Men	181		556.5		ID			Jesus Fragoso	ID	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Open Men	181		556.5		ID			Jesus Fragoso	ID	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Open Men	259		584.0		MT			Taylor Stermitz	MT	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Open Men	308		556.5		WA			Dwayne Nill	WA	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Women	Special Olympian Women	148		159.7	170.7	ID			Andrea Mousseau	ID	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Women	Special Olympian Women	165		137.7	143.2	ID			Joanne Coast	ID	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Women	Special Olympian Women	181		187.2	203.7	ID			April Cason	ID	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Submaster Men 33-39	275		457.2	473.7	WA			Chad Crossen	WA	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Women	Submaster Women	220		380.2		ID			Teresa Thompson	ID	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Teen Men 18-19	220		407.7		ID			Ethan Peterson	ID	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Men	Teen Men 18-19	259		771.5		WA	NR	WR	Braxton Mikesell	WA	Raw	August 21, 2021	Coeur d'Alene, ID
DL	Women	Teen Women 16-17	132		248.0		MT			Megan Carpenter	MT	Raw	August 21, 2021	Coeur d'Alene, ID
BP	Men	Class 1 Men	275		275.5					Chad Crossen	WA	Raw	August 21, 2021	Coeur d'Alene, ID
BP	Women	Class 1 Women	181		88.0	93.5	NV			Alane Fife	NV	Raw	August 21, 2021	Coeur d'Alene, ID
BP	Men	Disabled 2 Men 60-74	220		220.2		ID			Scott Dolan	ID	Single-ply	August 21, 2021	Coeur d'Alene, ID
BP	Men	Elite Open Men	181		0.0					Willard Crossen III	WA	Single-ply	August 21, 2021	Coeur d'Alene, ID
BP	Women	Law-Fire 40-47 Women	198		358.0		WA	NR	WR	Alisha Howard	WA	Single-ply	August 21, 2021	Coeur d'Alene, ID
BP	Men	Law-Fire 64 Men	275		369.2		WA	NR	WR	Willard Crossen Jr.	WA	Raw	August 21, 2021	Coeur d'Alene, ID
BP	Women	Law-Fire Open Women	198		358.0		WA	NR	WR	Alisha Howard	WA	Single-ply	August 21, 2021	Coeur d'Alene, ID
BP	Men	Master Men 40-46	259		440.7	451.7	MT			Taylor Stermitz	MT	Raw	August 21, 2021	Coeur d'Alene, ID

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BP	Men	Master Men 47-53	181	308.5	ID			Jesus Fragoso	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Master Men 54-60	148	154.2	WA			James Needles	WA	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Master Men 54-60	198	314.0				Bob Levering	CA	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Master Men 61-67	275	292.0	ID			John Towne	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Master Men 61-67	308	451.7				Forest Hofer	WA	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Master Men 68-74	181	231.2				Bob Hill	OR	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Master Men 68-74	220	220.2				Scott Dolan	ID	Single-ply	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Master Men 68-74	220	319.5	ID	NR	WR	Allen Fulker	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Women	Master Women 40-46	181	104.5	110.0	MT		Jennifer Sampson	MT	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Women	Master Women 47-53	148	165.2	176.2	CA		Jeanne Nielsen	CA	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Women	Master Women 47-53	181	88.0	93.5	NV		Alane Fife	NV	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Women	Master Women 54-60	165	248.0	253.5	CA		Beverly Anolin	CA	Single-ply	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Open Men	181	308.5				Jesus Fragoso	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Open Men	259	440.7	451.7	MT		Taylor Stermitz	MT	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Open Men	308	451.7				Forest Hofer	WA	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Women	Special Olympian Women	148	82.5	88.0	ID		Andrea Mousseau	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Women	Special Olympian Women	181	99.0		ID		April Cason	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Submaster Men 33-39	275	275.5		WA		Chad Crossen	WA	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Women	Submaster Women	220	165.2	176.2	ID		Teresa Thompson	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Teen Men 18-19	220	225.7				Ethan Peterson	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
BP	Men	Teen Men 18-19	308	363.7	369.2	ID	NR	WR	Avery Anderson	ID	Raw	August 21, 2021	Coeur d'Alene, ID
BP	Women	Teen Women 16-17	132	132.2		MT		Megan Carpenter	MT	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Class 1 Men	181	693.9		MT		William Bell	MT	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Class 1 Men	220	727.2		MT		Jared Beaird	MT	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Class 1 Men	259	832.0		ID		Tom Keys	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Class 1 Men	275	732.7		WA		Chad Crossen	WA	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Law-Fire 64 Men	275	892.7		WA	NR	WR	Willard Crossen Jr.	WA	Single-ply	August 21, 2021	Coeur d'Alene, ID
PP	Men	Master Men 40-46	259	1024.7		MT		Taylor Stermitz	MT	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Master Men 47-53	181	865.0		ID	NR	WR	Jesus Fragoso	ID	Raw	August 21, 2021	Coeur d'Alene, ID
PP	Men	Master Men 54-60	148	506.7		WA		James Needles	WA	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Women	Master Women 40-46	181	291.7		MT		Jennifer Sampson	MT	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Women	Master Women 47-53	148	490.2		CA	NR	WR	Jeanne Nielsen	CA	Raw	August 21, 2021	Coeur d'Alene, ID
PP	Women	Master Women 54-60	165	611.7				Beverly Anolin	CA	Single-ply	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Open Men	181	693.9		MT		William Bell	MT	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Open Men	181	865.0		ID		Jesus Fragoso	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Open Men	259	1024.7		MT		Taylor Stermitz	MT	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Men	Submaster Men 33-39	275	732.7		WA		Chad Crossen	WA	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Women	Submaster Women	220	545.4		ID		Teresa Thompson	ID	Raw	August 21, 2021	Coeur d'Alene, ID	

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PP	Men	Teen Men 18-19	220	633.4	ID		Ethan Peterson	ID	Raw	August 21, 2021	Coeur d'Alene, ID	
PP	Women	Teen Women 16-17	132	380.2	MT	NR	WR	Megan Carpenter	MT	Raw	August 21, 2021	Coeur d'Alene, ID